



## **Balint Bulletin No 2**

**March, 2005**

Welcome to the second edition of the Balint Bulletin.

### **Attachments**

***PARC article:*** Article written by Dr Marion Lustig for the PARC newsletter in October, 2003 entitled: Peer support: Balint groups as a reflective space for GPs. Introduction to the Balint approach.

***Balint resources:*** A list of websites, conferences, workshops, books and articles.

***Balint Society of Australia inaugural scientific meeting in Melbourne on March 23:*** invitation to meeting with Swedish guest speaker Dr Henry Jablonski.

### **Peer support program for doctors**

Follow the link to access an article which appeared in Australian Doctor on December 3 and includes comparisons between the peer support group model being developed and Balint groups.

Dr Bill Betts , Melbourne psychoanalyst and Balint group leader, is interviewed. He is keen to see Balint groups offered as part of the project.

<http://www.australiandoctor.com.au/articles/67/0c029167.asp>

If you don't have a sign-in, you can do so using the name guest and the password optimal.

### **RACGP Convention 2005**

Plans are underway for a Balint workshop to be held at the next RACGP Convention in Darwin from September 29-October 2. We are also hoping to hold a session the day before the main conference as an introduction to Balint group leadership.

We will have at least two international visitors at this Convention: John Salinsky will be a keynote speaker and participate in the workshops. John is very well-known in the International Balint scene, and has written many papers books about Balint work and related aspects of general practice. He has been both President and Secretary of the International Balint Federation over many years, and currently edits the Journal of the Balint Society in the U.K. Albert Lichtenstein will also be participating in the workshops. He is a very experienced Balint practitioner and is currently the President of the American Balint Society.

### **Balint Society of Australia**

John Barton, Bill Betts, Lynette Chazan, Marion Lustig and Larry Osborne in Melbourne have established a Working Group to form a Balint Society of Australia. Any offers to participate would be welcomed. We would particularly like to hear from anyone with the skills to develop a website for the Society.

### **Scientific meeting in Melbourne**

Dr Henry Jablonski, a Swedish psychiatrist and psychoanalyst with long experience of Balint work and several published articles

about it, will be visiting Melbourne in March. Henry is the current president of the Swedish Society of Medical Psychology. He will give a talk to the Victorian Association of Psychoanalytic Psychotherapists on March 21 and to Balint group leaders and GPs on March 23 - flyer for the latter attached. Anyone interested in attending either of these meetings is invited to contact me.

**Marion Lustig**

**90 Eskdale Rd., Caulfield North Victoria 3161. Phone 03  
95715111. [mlustig@optusnet.com.au](mailto:mlustig@optusnet.com.au)**