

Elsternwick Balint Networks 2020



MHPN currently supports two multidisciplinary reflective practice groups in Elsternwick: Elsternwick **Tuesday Night Balint Group** & Elsternwick **Wednesday Lunchtime Balint Group**.
The leaders' team: Ruth Dunn - a psychologist, and group co-ordinator Hilary Ash - a social worker. Both are accredited Balint group leaders and leader trainers.

Network Details:

- **WHEN?** The groups meet monthly 10 times, February to November: **Tuesdays** 6.00-7.30pm; **Wednesdays** 1.00-2.30pm.
- **DATES & VENUE?** Details will be provided to members at the start of the year; MHPN sends out reminders prior to each meeting.
- **WHO FOR?** The groups' committed memberships include a range of mental health professionals whose work encompasses people's emotional health and wellbeing. The network meetings offer opportunities for focused and thoughtful case discussion, through a supportive, non-judgmental model.
- **WHAT HAPPENS?** Case discussions are confidential. Members who share their cases describe a sense of validation in their work and a deeper understanding of complex issues confronting their patients. All members feel encouraged to contribute, and learn from their participation. Group numbers are limited to enable a meaningful experience.
- **HOW MUCH?** An annual subscription of **\$450** is payable by cash, cheque or direct debit in a lump sum on commencement. Receipts are provided.
- **CPE/CPD?** MHPN provides Attendance Certificates for those able to claim points for facilitated learning. Balint groups are a well-respected form of professional development and self-care.

Please do circulate this invitation on your workplace noticeboard, and among your colleagues.

APPLICATION TO JOIN

NAME	ORGANISATION
CONTACT ADDRESS	
EMAIL ADDRESS	
MOBILE PHONE	WORK PHONE
PROFESSION/ ROLE TITLE	
WHAT ARE YOU HOPING TO ACHIEVE THROUGH BALINT GROUP PARTICIPATION?	
HOW DID YOU HEAR ABOUT BALINT GROUPS?	

Queries? Email or call group co-ordinator Hilary Ash: 0422 528258

Want to join? Please forward your completed application to Hilary: hilarya@netspace.net.au