**Invitation to participate in an online Balint Group:**

*a unique opportunity for confidential*

*case-reflection among female GPs*

The Balint Group method is named after Dr Michael Balint, a psychiatrist who pioneered the peer-group discussion as a way of helping GPs become more sensitive to psychological issues in medicine.

**How might a Balint Group benefit your own practice?**

* A regular opportunity to reflect on clinical cases in the secure atmosphere of a discussion among peers
* A way of improving our understanding and tolerance of ‘difficult’ patients
* Learning from colleagues’ perspectives on each case
* Sharing experiences of medical practice during the pandemic

***Participants:***

This online group welcomes female General Practitioners in active clinical practice on the east coast of Australia. The group will comprise

up to 6 GPs, plus two leaders.

***Dates:*** 3rd Tuesday of each month, 7.30-9.00pm, via Zoom

Proposed start date: Tuesday 21 July

***Cost:*** $180.00 for six 90-minute sessions.

***Leaders:***

**Penny Love** BA MEdSt President QPPA BSANZ is a psychoanalytic psychotherapist and Balint Leader Trainer. She has special interests in perinatal mental health and prematurity.

**Dr Sheila O’Neill** MB BCh BAO PhD GCertMedEd FRACGP is a general practitioner with a special interest in Women’s Health and Medical Education.

Bookings/enquiries: [penny@pennylove.com.au](mailto:penny@pennylove.com.au) [sheila@impluvium.net](mailto:sheila@impluvium.net)