

# Online Balint Group for Doctors 2021



*MHPN currently supports this online reflective practice group for Medical Practitioners.*

**Leaders' team:** Bill Betts, a psychiatrist turned psychoanalyst & former GP, and Hilary Ash, a social worker. Both are accredited Balint group Leader Trainers.

Network Details:

- **WHEN?** Each group meets monthly 10 times, February to November, on the **First Tuesdays** of each month, 5.45 – 7.30pm.
- **HOW DO WE MEET?** The group meets on Zoom. At the start of the year, members receive a Zoom link applicable to all meetings. Reminders are usually sent prior to each meeting.
- **WHO FOR?** Members include a range of medical clinicians: General Practitioners psychiatrists and other medical specialists, who wish to engage more thoughtfully with people's emotional lives and their wellbeing. Group meetings encourage focused and explorative case discussion, through a supportive, non-judgmental model.
- **WHAT HAPPENS?** Through the Balint model of confidential case discussions, members describe increased satisfaction and validation in their work, as well as a deeper understanding of complex issues confronting their patients. Members feel encouraged to participate and learn. Limiting group numbers enables a meaningful experience. For more information about these groups see: [www.balintaustrianewzealand.org](http://www.balintaustrianewzealand.org)
- **HOW MUCH?** An annual subscription of **\$500** is payable in a lump sum on commencement, by direct debit. (Financial difficulties negotiable.) Receipts are provided.
- **CME?** MHPN provides Attendance Certificates for those able to claim points for facilitated learning. Balint groups are a well-respected form of professional development and self-care.
- **VACANCIES?** A small number of vacancies exist for this group.

Please do circulate this invitation through your networks, and among your colleagues.

**APPLICATION TO JOIN**

NAME	ORGANISATION
CONTACT ADDRESS	
EMAIL ADDRESS	
MOBILE PHONE	WORK PHONE
PROFESSION/ ROLE TITLE	
WHAT ARE YOU HOPING TO ACHIEVE THROUGH BALINT GROUP PARTICIPATION?	
HOW DID YOU HEAR ABOUT BALINT GROUPS?	

Queries? Email or call group co-ordinator Hilary Ash: 0422 528258

Want to join? Please forward your completed application to: [hilarya@netspace.net.au](mailto:hilarya@netspace.net.au)